**Notre Dame Academy: Middle School Theology**

**April Prayers and Catechism Questions**

**□Grace Before Meals.** Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

**□Grace After Meals.** We give You thanks, Almighty God, for these and all the blessing we have received from Thy bounty, through Christ Our Lord. Amen.

**The New St. Joseph Baltimore Catechism:**

190. **What must we do to love God, our neighbor, and ourselves?**

To love God, our neighbor, and ourselves we must keep the commandments of God and of the Church and perform the spiritual and corporal works of mercy.

191. **Which are the chief corporal works of mercy?**

The chief corporal works of mercy are seven:

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Visit the imprisoned.
5. Shelter the homeless.
6. Visit the sick.
7. Bury the dead.

192.**Which are the chief spiritual works of mercy?**

The chief spiritual works of mercy are seven:

1. Admonish the sinner.
2. Instruct the ignorant.
3. Counsel the doubtful.
4. Comfort the sorrowful.
5. Bear wrongs patiently.
6. Forgive all injuries.
7. Pray for the living and the dead.

193. **Is everyone obliged to perform the works of mercy?**

Everyone is obliged to perform the works of mercy, according to his own ability and the need of his neighbour.